



LEARNING THROUGH TEACHING

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It is said that *“By learning you will teach, but by teaching you will learn”*. This could be the reason why learning and teaching both are incorporated in the MDS curriculum by governing bodies. So, VSPM DCRC under the aegis of MUHS runs this special lively workshop *“Resident as a Teacher”(RAT)* in order to mould us as teacher.

According to a lot of studies, people tend to retain just 10% of what they read, 20% of what they hear, and 50% of what they see being demonstrated. But greater than any of these, a person's power of learning is enhanced the most when they actively participate in teaching. So when we heard that RAT workshop is being held on a method of teaching for postgraduate students, we all were quite skeptical about it. We all were puzzled about the implication and usefulness of this workshop out of our busy schedule of academics and clinical work. It was 2 day workshop organized in college campus at pride hall. We started with a general introduction about the workshop, and then soon we were divided into various groups. An interactive session commenced about numerous topics such as public speaking, micro-teaching, communication skills, and the teaching through learning method. What set the workshop apart from others was that the discussions were interactive. This two way communication encouraged us to ask questions and all

our queries were paid attention to and elucidated very well by all faculties. Along with conventional didactic methods, various innovative techniques like OSCE, OMP were also taught and demonstrated. We were taught about MCQ designing, paper setting.

It encouraged us for active participation and made us realize the importance of learning skills. One more important innovative aspect of this workshop was pedagogy session. In this, we all were asked to present lecture within stipulated time using all the taught skills. It was very wonderful experience where we all found changes in our thinking process for the topics and its effective illustration. It made us realize that teaching is an important skill, because it also a method of learning better.

As a face of the participating post graduate batch, at the end of the workshop, I felt enlightened about the various concepts and patterns of teaching, and found answers for our own questions. I was confident that I will be able to implement the things that I have learnt here, and that it would make me a better teacher. Ever since then, the lectures and discussions of students that I have conducted, became more interactive than prior to attending RAT workshop. I applied the methods of communication with students that I learnt, and was glad that I experienced changes in my presentation, teaching pattern and also got some good



reviews about it. It was definitely a step to boost confidence and determination for being a good teacher.

I would like to thank HSET team and MUHS for such an innovative initiative, organizing committee for conducting such a beneficial workshop. Ultimately it is said that when

you teach others and share information interactively, the input of others helps you expand your own spectrum of knowledge. Keeping this in mind, we would continue our efforts and determination in this directions for being good teacher, doctor and human being too.