



**Physical Education and Sports Committee  
VSPM'S Dental College & Research Centre,  
Nagpur  
in association with  
VSPM'S College of Physiotherapy, Nagpur**



***Yoga Session***

**for Interns & 2<sup>nd</sup> B.D.S. Students  
Date: Friday, 26<sup>th</sup> November 2021  
Time: 08:00 a.m.  
Venue: Matoshree Auditorium**



***Topic: "YOGA: A Path Towards Fitness"***

***Speaker: Dr. Pooja M. Akhtar***

**Associate Professor, H.O.D.**

**Dept. of Kinesiotherapy & Physical Diagnosis,  
VSPM's College of Physiotherapy,  
Nagpur**



**Registration &  
Pre Test link**



**<https://forms.gle/o4DYoQpQe9WWMT9v7>**

**Co-ordinator: Dr. Jaishree Chahande**

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