



Department of Prosthodontics
Value added course

Emotional Learning: An Important Aspect For Dental Students

About the course: Emotional learning among healthcare students helps to strengthen relationships with patients, showing compassion and respect and upholding ethical standards of professional conduct. These abilities support them in establishing rapport and empathy with patients, encourage communication abilities, doing patient-centered care and fostering trust in day to day lives.

Participants: The program is intended to orient the Second year BDS before starting clinical postings to become aware of self and society and evolve emotionally to create more satisfying society.

Objectives:

- To develop emotional and social awareness in students and initiate them towards better personal and social well-being.
- To create an awareness towards self identity, other people in society, the environment and their gratifying coexistence.
- To stimulate the development of empathy, communication skills and professional behaviour.

Duration: 30 hours - (16 Sessions)

Tentative month: September to November

Module I: Introduction & Self-Awareness and Happiness

- 1 Introduction to Each Other
- 2 Purpose of course
- 3 Happiness: - Inner & Outer sources
- 4 Emotional intelligence: relation in health care professionals.

Module II: Community Relationships

- 1 Contribution: Family, peers, teachers and Society
- 2 Conversation: Power to connect each other
- 3 Practice of concentration
- 4 Practice of concentration

Module III: Uniqueness, awareness & responsibility towards community

- 1 Accepting and Valuing self
- 2 Member of Health care profession: Responsibility
- 3 Awareness to society
- 4 Identity the Digital World

Module IV: Key to satisfaction: Pleasure of giving

- 1 Career Pressures, Examinations
- 2 Managing with Disappointment, Skills, Health and Fitness
- 3 Sympathy, Empathy
- 4 Service to humanity: Self satisfaction